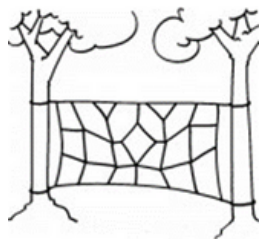




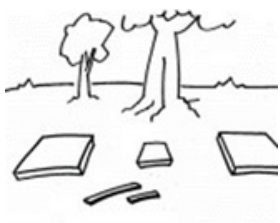
Low Ropes Elements



The **Spider Web** is made from bungee between two trees. The team must help one another to pass through this obstacle without touching the web.



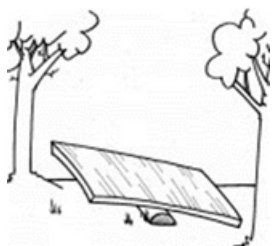
The **Trolleys** are a collaborative element consisting of two or more long skis with hand ropes. Each member of the team stands with one foot on each ski and one rope in each hand. Together, the teams must traverse a set distance



The **Islands** are three small platforms. Using only two planks, the team must find a way to the opposite side without touching the ground.



The **All Aboard** is a small, elevated platform that appears to only have space for three or four people. The group is challenged to use problem solving to fit an entire group on the platform at once.



The **Oscillator** is a large balance platform that the team must equalize while performing various tasks.



The **Trust Fall** is a challenge where each participant deliberately falls backward from a raised platform, trusting the team to catch them.



The **Island Meuse** is a challenging element, requiring teams to find a passage through a tiny sea of islands.

Team building sessions are 3-3.5 hours long and conducted by Challenge Course facilitators. The cost is \$30 per person. Minimum group size-8

DISCOVER THE GOOD

Camp Cedar Ridge is a 32-acre property that can accommodate events for 30 to 500+ guests. Whether it is a small retreat, company picnic, large youth camp, or wedding, we have the expertise, space and amenities to make your event successful.